

# ZANDSTRA SPORTS

## TECHNICAL INFORMATION Competition



### SPECIFICATION OF THE STEEL RUNNER

Stainless Toolsteel  
Hardness of runner : 60 Rc  
Thickness :1.25 mm  
Radius :35 Meters

### CROSS SECTION COMPETITION BLADE



### SIZE OF BLADE IN RELATION TO THE BOOTSIZE. *(suggested)*

Blade	Bootsize(European)
40 cms (S)	Up to 37
43 cms (M)	38 - 40
45 cms (L)	41 - 43
48 cms (XL)	44 and up

The sizes in cms refers to the length of the steel runner.

### FLEXES

For ice skating we would suggest the following for NNN bindings.

Cross Country	Red or Black Flex (Standard)
Back Country	Red Flex (Red flex is specially made for ice skating)



Cross Country




Back Country

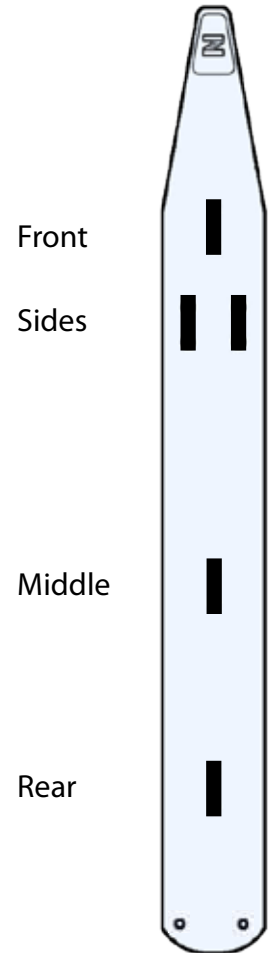
*To avoid damage of the boot beware of walking on hard surfaces.  
Please note that the XC and BC boots have different soles. XC boot can not be used with a BC binding.  
Zandstra Delta Fit All, Patent 178638*

# MOUNTING DIRECTIONS


It is possible to mount any binding (Brand and model) to the Competition. Below you will find an overview of the hardware required to mount both bindings.

## MOUNTING DIRECTIONS ROTTEFELLA BINDINGS

	Pieces	Cross Country	Back Country
<b>Front</b>	2 2	Bolt M5 x 12 Dotnut	Bolt M5 x 16 Dotnut
<b>Sides</b>	4 4	Bolt M5 x 16 Nut M5	Bolt M5 x 22 Nut M5
<b>Middle</b>	2 2	Bolt M5 x 12 Dotnut	Bolt M5 x 12 Dotnut
<b>Rear</b>	2 2	Bolt M5 x 12 Dotnut	Bolt M5 x 12 Dotnut









## MOUNTING DIRECTIONS ROTTEFELLA BINDINGS

	Pieces	Profile Binding	Pilot Binding
<b>Front</b>	2 2	Bolt M5 x 12 Dotnut	Bolt M5 x 12 Dotnut
<b>Sides</b>	4 4	Bolt M5 x 12 Nut M5	Bolt M5 x 12 Nut M5
<b>Middle</b>	2 2		Bolt M5 x 12 Dotnut
<b>Rear</b>	2 2	Bolt M5 x 16 Dotnut	Bolt M5 x 16 Dotnut



Patent 1031965

## ENCLOSED HARDWARE

	8	Bolt M5 x 12
	4	Bolt M5 x 16
	4	Bolt M5 x 22
	6	Dotnut M5
	4	Nut M5
	4	O Ring



Courtesy of Nordicskater.com